

Comprehensive LAMP Words for Life Home Program

Introduction

This guide is designed for nonspeaking and minimally speaking autistic children and teens. Focus on modeling language throughout the day rather than testing or requiring responses.

Ideas:

Use short phrases, model on the device, pause naturally, and respond to any communication attempt.

Core Words Matter

Core words such as WANT, GO, MORE, HELP, STOP, LIKE, and LOOK can be used in hundreds of situations.

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First 25 Core Words

I, YOU, WANT, MORE, GO, STOP, HELP, LIKE, NOT, IN, OUT, ON, OFF, UP, DOWN, OPEN, CLOSE, EAT, DRINK, PLAY, LOOK, BIG, LITTLE, GOOD, FINISHED.

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Week 1

Model GO and STOP during walks, videos, swings, and games.

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Week 2

Model MORE and WANT during meals, snacks, music, and favorite activities.

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Week 3

Model HELP and FINISHED during dressing, puzzles, chores, and schoolwork.

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Week 4

Model LIKE and NOT LIKE while choosing foods, shows, and activities.

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Week 5

Model IN and OUT using containers, laundry, toys, and kitchen activities.

Ideas:

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Week 6

Model LOOK and PLAY during books, sports, parks, and family time.

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Meal Time Communication

Practice WANT, MORE, EAT, DRINK, ALL DONE, LIKE, NOT LIKE.

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Walks and Community

Practice GO, STOP, LOOK, BIG, LITTLE, OPEN, HELP.

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Screen Time

Model PLAY, GO, STOP, MORE, FUNNY, LOOK, LIKE.

Ideas:

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Feelings

Teach HAPPY, SAD, MAD, TIRED, SCARED, HURT, CALM using real situations.

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Social Communication

Teach HI, BYE, THANK YOU, FRIEND, LOOK, COME, HELP.

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Teen Communication

Include words for privacy, independence, hobbies, preferences, feelings, and community participation.

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Data Tracking

Record new words modeled, spontaneous uses, and combinations produced each week.

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Parent Tips

Model frequently, keep button locations consistent, celebrate communication attempts, and make AAC available all day.

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